



Fish

Fish skewers



Pangasius skewer 80 g

REF = SKPNG

Pangasius hypophthalmus

Skewer with pangasius, with pan handle

Polybag 800 g (10 skewers x 80 g), IWP

Salmon skewer 130 g

REF = SKSLMP4

Salmo salar

Skewer with Atlantic salmon and green pepper

Carton 4 kg bulk





Snapper portions skin-on

REF = FSN UTSO

Lutjanus erythropterus
120-170 g/pc

Polybag 800 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	

MSC Haddock loins

REF = MSC FHADL

Melanogrammus aeglefinus
130-180 g/pc
MSC certified

Polybag 800 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	



Tilapia fillets

REF = FTIL (sometimes available in ASC)

Oreochromis niloticus
85-140 and 140-200 g/pc

Polybag 800 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	

Atlantic cod nuggets

REF = FCODN

Gadus morhua
± 25 g/pc

Polybag 900 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	





MSC Atlantic cod loins skin-on/-off

REF = MSC FCODL(SO)

Gadus morhua

150-200 g/pc

MSC certified

Polybag 800 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	

Atlantic cod loins

REF = FCODL

Gadus morhua

140-160 g/pc

Polybag 750 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	



Tuna steaks

REF = FTNS

Thunnus albacares (yellowfin tuna)

140-190 g/pc

Polybag 800 g, IVP

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	

Tuna steaks Premium

REF = FTNS P

Thunnus albacares (yellowfin tuna)

140-190 g/pc

Polybag 800 g





Hake panko nuggets

REF = FNUG

Merluccius productus
42/53 pc/kg, 60 % hake
Brand: Ibercook

Polybag 1 kg

Pangasius fillets

REF = FPNG

Pangasius hypophthalmus
120-170 or 170-230 g/pc

Polybag 800 g



Pangasius fillets Nature

REF = FPNG 170UT

Pangasius hypophthalmus
170-230 g/pc

Polybag 800 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	



Pangasius rolls

REF = FPNGM

Pangasius hypophthalmus
40-60 g/pc

Polybag 800 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	





Pangasius loins 'Top Sol'

REF = FPNGT

Pangasius hypophthalmus
80-120 g/pc

Polybag 800 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	

Pangasius steaks

REF = FPNGS

Pangasius hypophthalmus
6-7 middle parts + 1 tail part
Skin-on, bone-in, raw

Polybag 800 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	



Redfish fillets

REF = FRF4,5

Sebastes norvegicus
160-200 g/pc

Karton 4,5 kg bulk

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	

Redfish skin-off/on

REF = FRF (SO)

Sebastes mentella
140-200 g/pc

Polybag 800 g





Sardines

REF = FSAR

Sardina pilchardus
Whole, raw sardines
8/12 and 10/15 pc/kg

Polybag 1 kg

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	

Yellowfin sole filets

REF = FYF (sometimes available in MSC)

Limanda aspera
85-140 g/pc

Polybag 800 g



Sea bass filets skin on

REF = FBAS 080SO

Dicentrarchus labrax
80-120 and 120-160 g/pc

Polybag 800 g



Yellowfin sole rolls

REF = FYFM (sometimes available in MSC)

Limanda aspera
40-60 g/pc

Polybag 800 g





Yellowfin sole/salmon rolls

REF = FYFSM

Limanda aspera, Oncorhynchus spp
40-60 g/pc

Polybag 800 g

Pink salmon portions

REF = FSAP

Oncorhynchus gorbuscha
(Pacific pink salmon)
80-120 and 120-140 g/pc

Polybag 800 g

NATURAL | 100 %
TASTE | PURE
NO ADDITIVES



MSC Wokmix

REF = MSC WOKMIX

Oncorhynchus gorbuscha, Theragra
chalcogramma/Gadus chalcogrammus,
Limanda aspera
15-35 g/pc
Fish portions (Pink salmon 40%, Alaska pollack
30%, Yellowfin sole 30%), skinless, boneless
Polybag 800 g

Sand smelt

REF = FSMELT

Atherina boyeri
Whole, raw sand smelt
4-10 cm/pc, origin Greece

Polybag 900 g

NATURAL | 100 %
TASTE | PURE
NO ADDITIVES





Breaded Northsea Plaice fillets

REF = FSCHP

Pleuronectes platessa
130-170 g/pc - Fish/breeding: 50/50
Breaded paired fillets, black skin-off

Mastercarton 5 kg



Northsea Plaice fillets

REF = FSCH

Pleuronectes platessa
120-160 g/pc
Paired fillets, black skin-off,
white skin-on

NATURAL | 100%
TASTE | PURE
NO ADDITIVES



Polybag 800 g



Hake fish fingers

REF = FFF

Merluccius spp.
30/40 pc/kg, breaded hake fingers
Fish/breeding: 50/50 (H 1cm x W 2cm x L 8cm)

Polybag 1 kg
(to deep-fry or oven preparation)

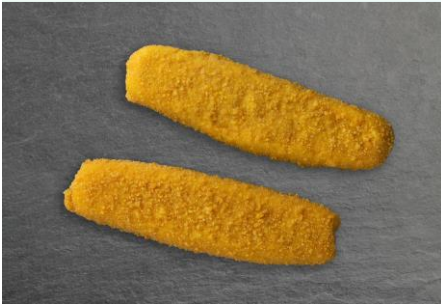
Breaded hake fish burgers

REF = FBUR

Merluccius productus
+- 100 g/pc

Polybag 1 kg





Breaded hake

REF = FHAKEBR

Merluccius productus
125-135 g/pc, 50 % fish

Polybag 1 kg

Monkfish fillets

REF = FMON

Lophius litulon
100-200 g/pc

Polybag 800 g



Pike perch fillets skin-on

REF = FZAN

Stizostedion lucioperca
300-500 g/pc

Mastercarton 4 or 4,5 kg

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	

Atlantic tonguesole fillets

REF = FSOLR

Cynoglossus spp
80-120 g/pc, 2-3 pieces,
assembled, polybag 1 kg
or box 2 kg, IWP
60-90 or 80-120 g/pc,
1 piece, polybag
1 kg, IWP

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	





Atlantic tonguesole rolls

REF = FSOLM

Cynoglossus senegalensis

80-120 g/pc

Skinless, boneless, assembled rolls (2-3 pcs)

Polybag 1 kg



NATURAL	100 %
TASTE	PURE
NO ADDITIVES	

Anchovy, headed and gutted

REF = FAN HG

Engraulis encrasicolus

80/95 pc/kg; origin Greece

Polybag 900 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	



Anchovy

REF = FAN WR

Engraulis encrasicolus

Whole, raw anchovy

70/90 pc/kg; origin Greece

Polybag 900 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	



Anchovy fillets, skin-on, butterfly

REF = FAN BF

Engraulis encrasicolus

110/120 pc/kg, origin Greece

Polybag 900 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	





Sea bream fillets, skin-on

REF = FDOR SO

Sparus aurata
80-120 g/pc

Polybag 800 g

NATURAL TASTE	100 % PURE
NO ADDITIVES	

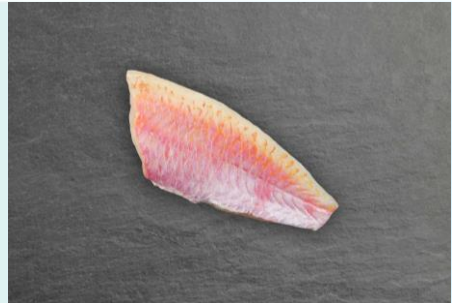


Red mullet fillets skin-on

REF = FRM

Parupeneus heptacanthus
15-40, 40-80, 80-120, 120-150 or
150-200 g/pc

Polybag 800 g



Norwegian smoked salmon trimmings

REF = FSMOSA TR

Salmo salar
Brand = Alexfish

Polybag 1 kg



Norwegian smoked salmon

REF = FSMOSA

Salmo salar
1,2-1,7 kg/salmon
Sliced, traditionally smoked, unique
taste.

Brand = Alexfish

Cardboard plate, in vacuum polybag
Carton = 10 pieces





Oreodory fillets skin-on/off

REF = FOD (SO)

Pseudocyttus maculatus

Skin-off: 115-160 and 160-220 g/pc

Skin-on: 115-170 g/pc

Polybag 800 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	

John Dory fillets, skin on, no additives

REF = FJD 150UTSO

Zeus faber

150-200 g/pc

Polybag 800 g



NATURAL	100 %
TASTE	PURE
NO ADDITIVES	



John Dory fillets skin on

REF = FJD SO

Zeus faber

100-150 or 150-200 g/pc

Polybag 800 g



Mahi Mahi portions

REF = FMAH

Coryphaena hippurus

140-190 g/pc

Polybag 800 g

NATURAL	100 %
TASTE	PURE
NO ADDITIVES	



Our packaging

