

# Recipe idea

## Spicy Edamame Beans

Appetizer - 4 persons

Preparation: 10 minutes | Cooking time: 10 minutes



### Ingredients

- 400 grams of salted edamame beans in pod EPIC
- 1 tablespoon of neutral oil like sunflower oil
- 1 tablespoon of crushed garlic
- 1 tablespoon of chopped ginger
- 2 tablespoons of light soy sauce
- 2 teaspoons of honey
- 1 teaspoon of sesame oil
- 1 teaspoon of sambal oelek

### Preparation

First make the sauce: cook the garlic and ginger in oil. Add the rest of the ingredients.

Heat the edamame in boiling water. Drain them, add them to a bowl and add the sauce.

Serve immediately as an appetizer.



**Edamame beans in pod, salted**  
**Product code = EDAM PS**

± 120 pieces/unit  
Bag 400g, 20 units per carton